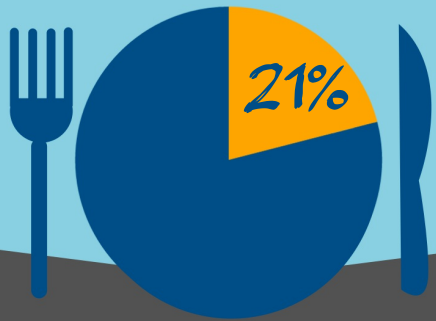


# FOOD Equity

Equity is a critical attribute of a healthy food system.

Access to affordable, nutritious and healthy food, with no neighborhood or community at a disadvantage in the regional food system.

## Latino Community



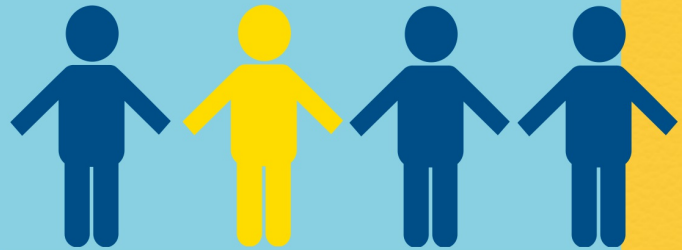
More than one in five (21%) Latinos are food insecure as compared to one in ten White, non-Hispanics and one in eight (13%) Americans overall.

- USDA ERS, 2016

24%

Or nearly one in four Latino children lives in a food-insecure household as compared to one in seven (14%) White, non-Hispanic children.

- USDA ERS, 2016



Latinos are nearly **TWO TIMES** as likely to receive charitable food assistance as their White, non-Hispanic peers.

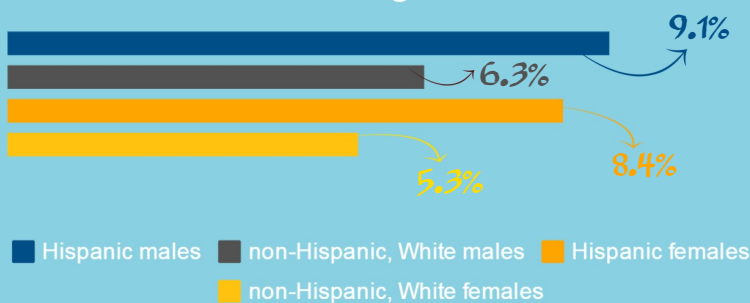
- Feeding America, 2014

## Health Implications

Hunger and health are deeply connected. People who are food insecure are disproportionately affected by diet-sensitive chronic diseases such as diabetes and high blood pressure, and according to research, food insecurity is also linked to many adverse effects to overall health.

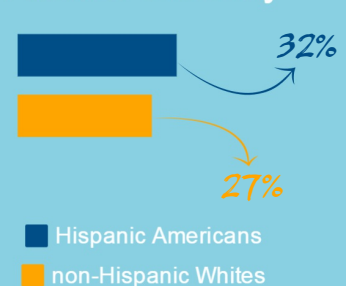
- Feeding America, 2016

### Prevalence of Diagnosed Diabetes



- Diabetes Public Health Resource, 2014

### Risk of Obesity



- Centers for Disease Control & Prevention, 2012

# FOOD Insecurity in Lane County

USDA Defines As:  
 Limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways

**43%** of Lane County households are struggling financially - ALICE Report, 2013

How many people in Lane County receive federal nutrition assistance (SNAP)?

**21%**

That is 75,805 people in our community

- OBI Data Collection & Reporting Unit, 2016

## Children in Lane

**53%** of Lane County children participate in the free/reduced school lunch program. - Oregon Department of Education, 2015-2016

Food insecurity and poor nutrition in childhood can be highly detrimental to a child's development and future health. Food insecurity and poor nutrition can cause physical and emotional stress on the child.

Access to affordable, nutritious, and culturally appropriate foods for all is vital for a healthy and thriving community.



Communities with limitations in resources, income, language, and transportation often have restricted access to, and knowledge about, a variety of healthy food options.

**61.4%** of Lane County residents do not live within close proximity of a healthy food retail outlet. - USDA, 2014