

Welcome!

Lane Equity Coalition – October 3, 2019



#LiveHealthyLane

Bridging Health and Poverty in Lane County



This LEC event is sponsored by Trillium Behavioral Health, a division of Lane County Health and Human Services



United Way of Lane County



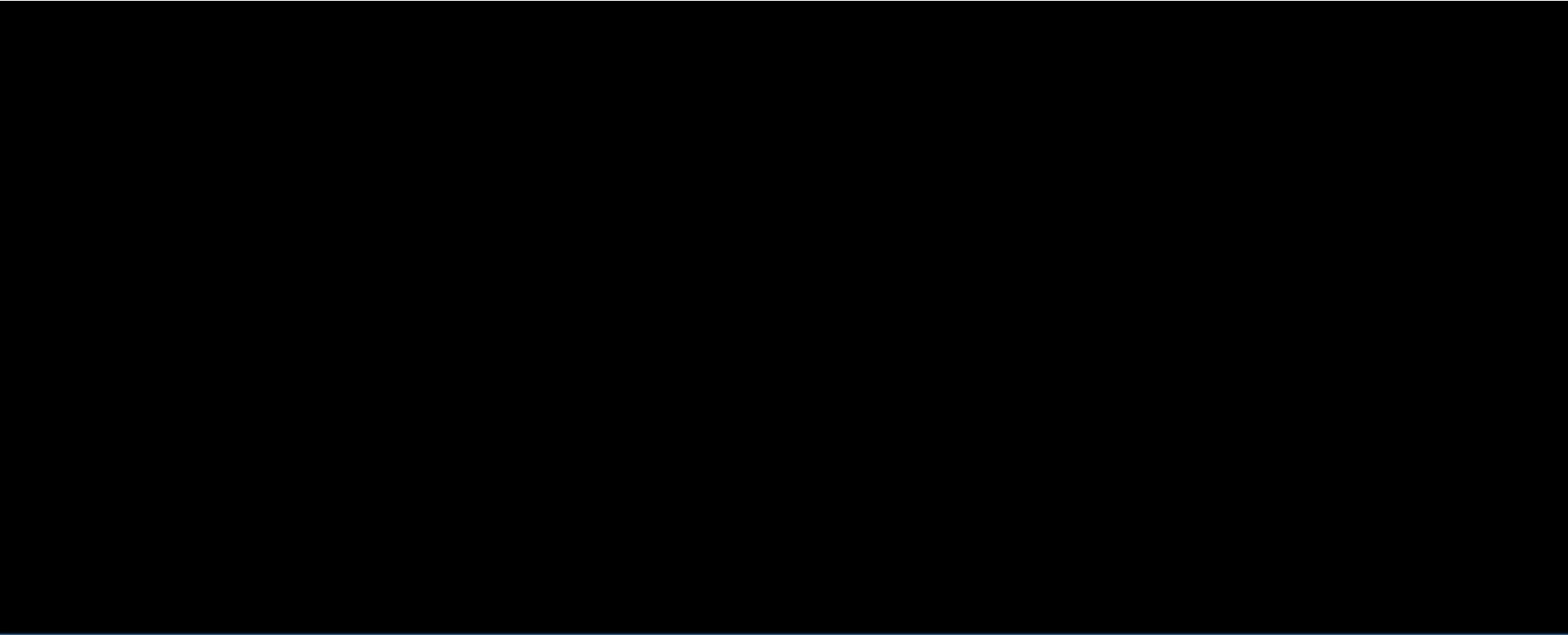
PeaceHealth



Community Health Plan



LANE COUNTY OREGON





We believe everyone should have the opportunity to live a healthy life.

The Lane Equity Coalition, an initiative of the Lane County Regional Community Health Improvement Plan (CHIP), is committed to advancing authentic community engagement, promoting health equity, and reducing barriers which prevent equal access and opportunity.



LiveHealthyLane.org   

How healthy is Lane County? (2015-2017 data)

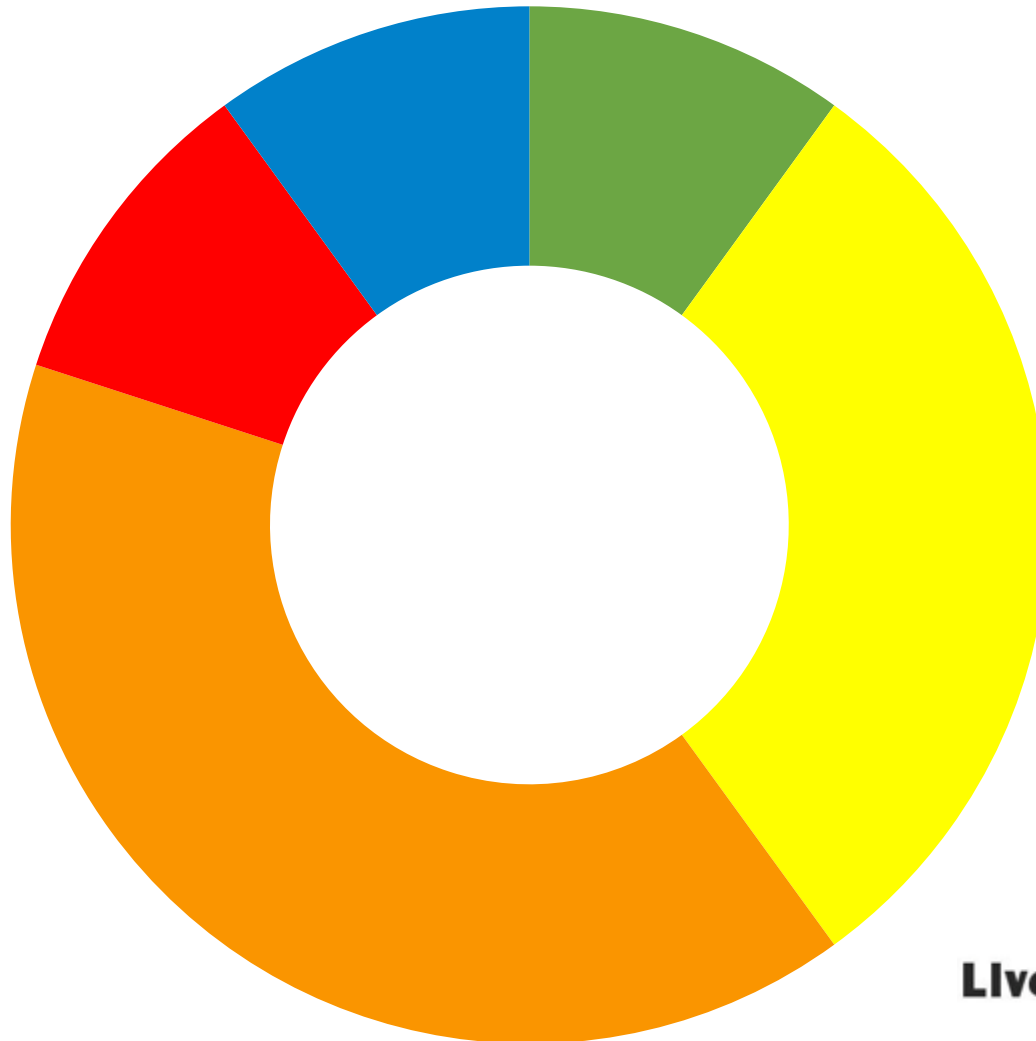
Rank (of 35)

Health Outcomes	11
Length of Life	13
Quality of Life	17
Health Factors	13
Health Behaviors	8
Clinical Care	11
Social & Economic Factors	20
Physical Environment	32

Determinants of Health



#LiveHealthyLane



- Genetics
- Health Behaviors
- Social & Economic Factors
- Clinical Care
- Physical Environment

2016-2019 CHIP Community Health Improvement Plan



#LiveHealthyLane

Initiatives:

1. Social and Economic Opportunities
2. Healthy Behaviors
3. Collaborative Infrastructure

Goals:

1. Increase **economic and social opportunities** that promote healthy behaviors.
2. Increase **healthy behaviors** to improve health & well-being.



2018-2019 CHNA

Community Health Needs Assessment



#LiveHealthyLane

Stay tuned for updates on our Community Health Needs Assessment. We will continue to engage the community in these efforts.



LiveHealthyLane.org   

*“**Health equity** means that everyone has a fair and just opportunity to be healthier. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.”*

– Robert Wood Johnson Foundation

RACISM AND HEALTH:


TACKLING THE ROOT CAUSES OF
RACIAL INEQUITIES IN HEALTH

Lane Equity Coalition Events

October 2016



#LiveHealthyLane



A word cloud graphic where the words "Food" and "Health" are the largest and most prominent. Other significant words include "Choice", "Habit", "Culture", "Time", "Processed", "Raw", "Sugar", "Diet", "Vegan", "Fruits", "Vegetarian", "Kale", "Allergies", "Fresh", "Hunger", "Vitamins", "Omnivore", "Taste", "Stevia", "Minerals", "Water", "Shame", "Salt", "Stroke", "Research", "AHA", "Cancer", "Guilt", "Michael Pollan", "Grains", "Eating Disorders", "Access", "Cooking", "Dairy", "Kombucha", "Healthcare", "Obesity", "Locavore", "Conscience", "Jamie Oliver", "FDA", "Fat", "Equity", "Autoimmune", "Stress", "Gardens", "Children", "Paleo", "Tradition", "Fads", "Local", "Farmers", "Meat", "Fat Food", "Restaurants", "Poverty", "Family", "ADA", "Red Wine", "Leaky Gut", "Epigenetics", "Agriculture", "Monosanto", "Community", "Metabolism", "Diabetes", "Hormones", "Breast Cancer", "Fermentation", "GMO", "Privilege", "Vegetables", "Cooking", "Dairy", "Grains", "Eating Disorders", "Cancer", "Guilt", "Michael Pollan", "Grains", "Eating Disorders", "Cancer", "Guilt", "Michael Pollan", "Grains".

FOOD + HEALTH
It's Complicated!

A Discussion About Food Equity



Lane Equity Coalition Events

February 2017



#LiveHealthyLane

Ally
Is
A
Verb!



Understanding
Oppression
and
What We Can
Do About It

Housing and Health: Putting the Pieces in Place



Lane Equity Coalition Events

October 2017



#LiveHealthyLane

Lane Equity Coalition: Early Childhood Wellness & Resiliency



Thursday, October 12

5:00 - 8:00 PM

Dinner Provided!

Lane Community College,
Center for Meeting and Learning
4000 E. 30th Ave, Eugene, OR

The LEC presents a community conversation on health disparities for children ages 0-6, discussing the importance of early childhood interaction, parenting, wellness and resiliency. Featuring:

- **Judy Newman, MS**, with Lane Early Learning Alliance and Early Childhood Cares
- **Laurie Theodorou, LCSW**, with the Oregon Health Authority
- **Pilar Bradshaw, M.D. F.A.A.P.** with Eugene Pediatrics



University of Oregon Bookstore will be offering early childhood books and children's books for sale

A wide variety of community organizations will be onsite with helpful information and resources to take home.

REGISTER HERE

Registration closes October 5th



<https://www.eventbrite.com>



Lane Equity Coalition Events

January 10, 2018

LiveHealthy
LANE

#LiveHealthyLane

Sponsored by the Lane Equity Coalition
& the Equity and Community Consortium

Concerning Democracy:



How Systemic Bias in Services Strengthens White Nationalism

Erik K. Ward
Executive Director,
Western States Center



January 10, 2018 | 5:30-7:30pm
(dinner at 5:00)

FREE

Lane Community College
Center for Meeting & Learning
4000 E. 30th Ave., Eugene

How systems (including healthcare systems) that we
rely on create the inequalities that we see every
day, and what we can do locally to address this.

Register at: www.eventbrite.com/e/concerning-democracy-how-systemic-bias-in-services-strengthens-white-nationalism-tickets-41098526800

For more information contact Lucy Zammarelli: lucy.zammarelli@co.lane.or.us



Lane Equity Coalition Events

March 8, 2018

LiveHealthy
LANE

#LiveHealthyLane



Confronting Health Disparities in Lane County

Presenting groundbreaking research identifying specific health disparities and the history of racial inequities in Lane County.



TAKE ACTION!
Your voice matters!

Help create recommendations for Lane County!

Thursday March 8th

5:00 - 8:00

Lane County Community College,
Center for Meeting and Learning

Dinner Provided!

Register Here
or
at Eventbrite
(<http://bit.ly/2BXDpiZ>)

Sponsored by: Lane Equity Coalition, Lane County Public Health Advisory Council, Lane County Equity and Access Advisory Board



Lane Equity Coalition Events

May 10, 2018



#LiveHealthyLane

The Lane Equity Coalition:



Healthy Hearts and Healthy Minds: Conversations with Youth about Health

Thursday, May 10, 2018

Center for Meeting and Learning, Lane Community College

5:00 PM to 7:30 PM

Student music and
dance performances!

Free event with
pasta bar dinner!

Resource tables
from youth serving
organizations!

Youth presentations by:



Register on
Eventbrite.com

Search for the title
Or click [HERE!](#)

Young **vibrant** voices come together to speak out to the community on social and health related issues that affect their lives. This is a forum for young speakers to provide recommendations that will drive systems change. Please join us to **listen** as young people in our community tell us how we can better accommodate their needs and **serve** our youth.

Lane Equity Coalition Events

January 10, 2019



#LiveHealthyLane

Sex, Health & Equity



Graphic created by: wordart.com

A look at sexual health, related disparities that exist in Lane County, the historical oppression that informs our systems today, and strategies to improve care.

Free Event with Dinner Provided

January 10, 2019 at 5:00 – 8:00pm



Zip Code Matters

Where people live can be a bigger predictor of life expectancy than genetics.
Join us to explore the impact that zip code can have on the health of different communities.



97439

97401

97478

This LEC event is sponsored by Trillium Behavioral Health, a division of Lane County Health and Human Services



United Way of Lane County



PeaceHealth



Lane Equity Coalition Events

TODAY – October 3, 2019



#LiveHealthyLane

Bridging Health & Poverty in Lane County

- 5:00-5:30 Registration & Tabling in Lobby, Dinner
- 5:30-5:40 Welcome, Live Healthy Lane
- 5:40-5:50 Honoring this Land
- Defining & Understanding Poverty
- 5:50-6:10 Candice King, *Beegle Poverty Coach*
Marilou Carrera, *Oregon Health Equity Alliance*
- Stories from our Neighbors
- 6:10-6:20 Caity Hatteras, *Trillium Community Advisory Council*
- Bridging Health & Poverty
- 6:20-6:35 Marilou Carrera, *Oregon Health Equity Alliance*
- 6:35-6:40 Break
- Stories from our Neighbors
- 6:40-6:50 Tracy Jocelyn, *Nightingale Rest Stop*
- Stories from our Neighbors
- 6:50-7:00 Guadalupe Quinn, *Community Organizer, Activist, and Advocate*
- Table Discussion & Activity
- 7:00-7:30 Candice King, *Beegle Poverty Coach*
- 7:30-7:45 Thank you, Feedback Forms, & RAFFLE!

Stay tuned for future LEC events: www.LiveHealthyLane.org

Lane Equity Coalition Upcoming Events



#LiveHealthyLane

Stay tuned for future LEC events:
www.LiveHealthyLane.org



THIS IS A SOCIAL MEDIA FRIENDLY EVENT

If you do not wish to be photographed for social media purposes, please place a green sticky note on the back of your chair (located at your table).

Live Healthy Lane is asking for your social media support!



#LiveHealthyLane

Step 1: Like & Follow @livehealthylane

Step 2: Share photos from this event using the hashtag #LiveHealthyLane

Step 3: If you are not yet on social media, please stop by the Live Healthy Lane resource table for a “How To” flyer.

Thank you for helping spread the word about local efforts to improve community health!



LiveHealthyLane.org   



Join Us.

Together, we can make our community an even better place to live, learn, work and play.

Get involved: **LiveHealthyLane.org**   



STORIES FROM OUR NEIGHBORS