



SDOH and Poverty Lane Equity Coalition

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Oregon Health Equity Alliance (“Oh, hey!”)

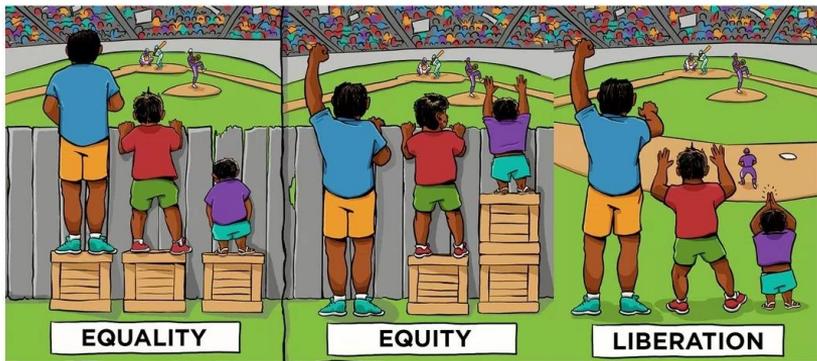


The **Oregon Health Equity Alliance (OHEA)** is a regional health equity coalition prioritizing policy, systems, and environmental change. We do this work through three roles: Advocacy, Convener, Knowledge Center.

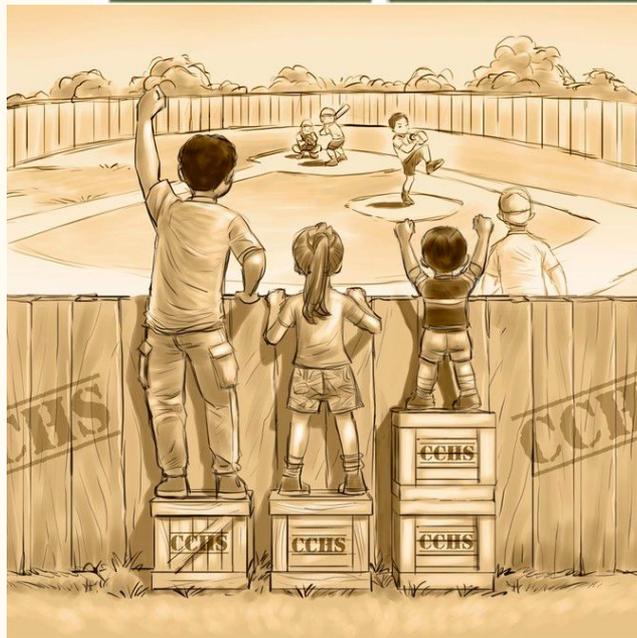
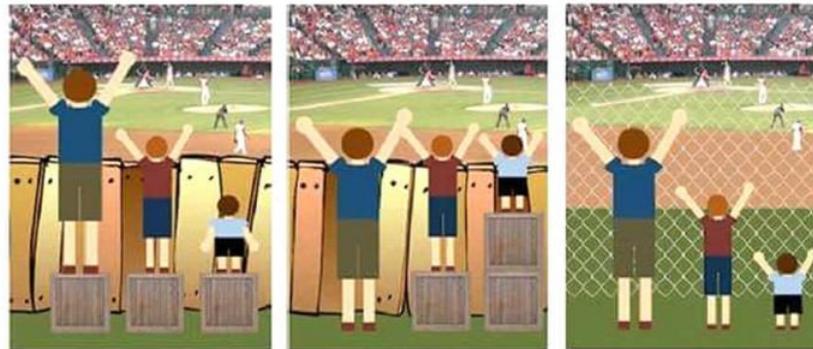
Mission: We are people of color led collaborative, organized to center and uplift the wisdom of our communities of color through racial justice informed health equity policies and practices as part of the movement to dismantle white supremacy and shift the imbalance of power.



Don't just tell a different version of the same story.
Change The Story!



EQUALITY VERSUS EQUITY



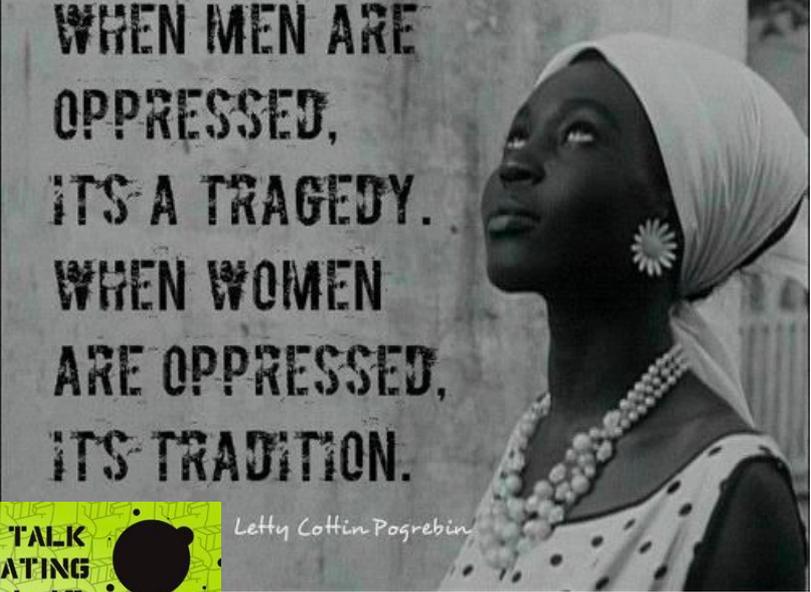
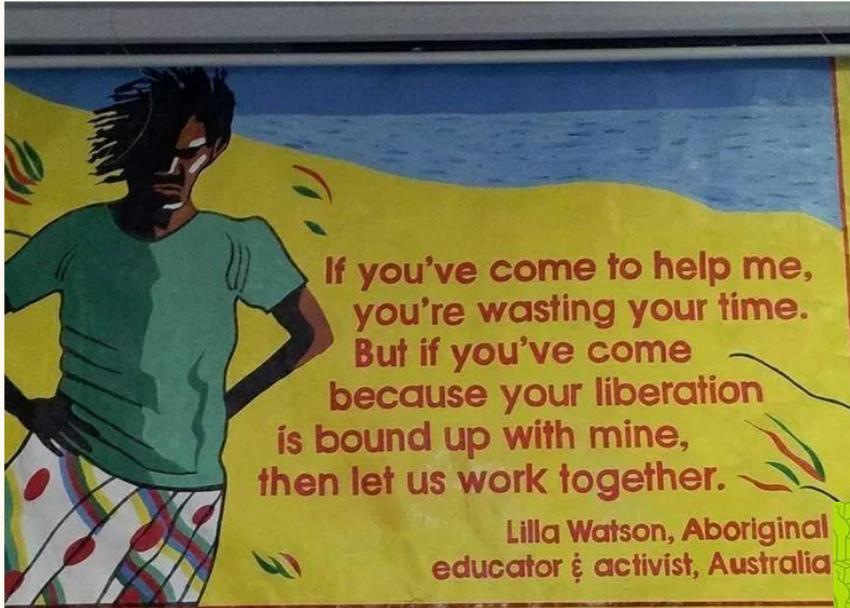
In the third image, all three can see the game without any supports or accommodations because the cause of the inequity was addressed. The systemic barrier has been removed.

Equality

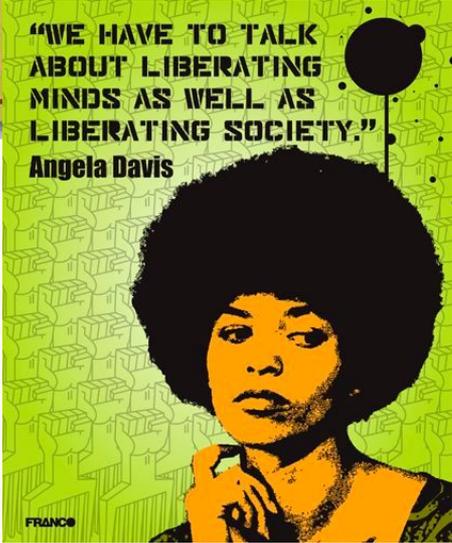


Equity





**exist &
resist &
indigenize &
decolonize**



EQUALITY VERSUS EQUITY



In the first image, it is assumed that everyone will benefit from the same supports. They are being treated equally.



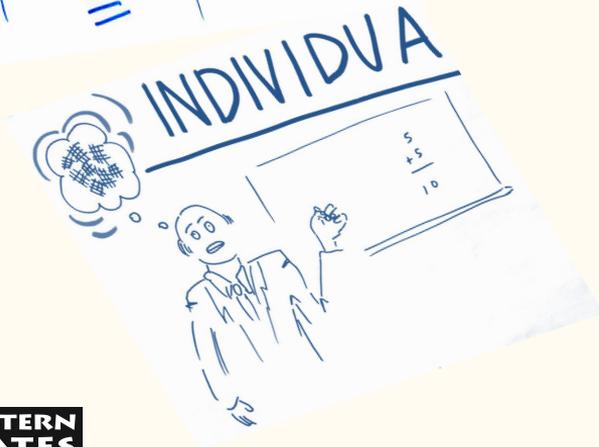
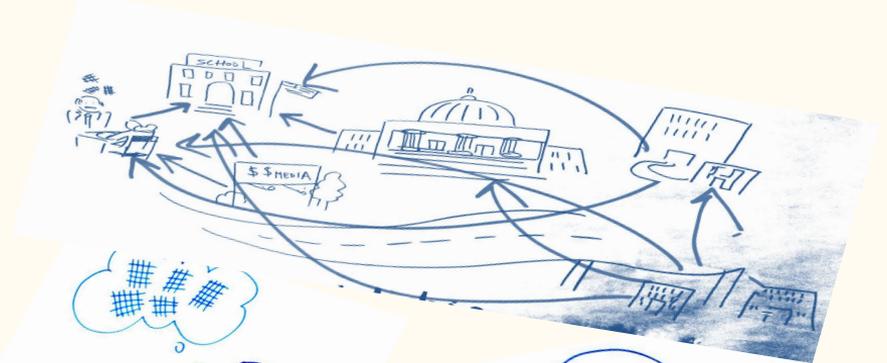
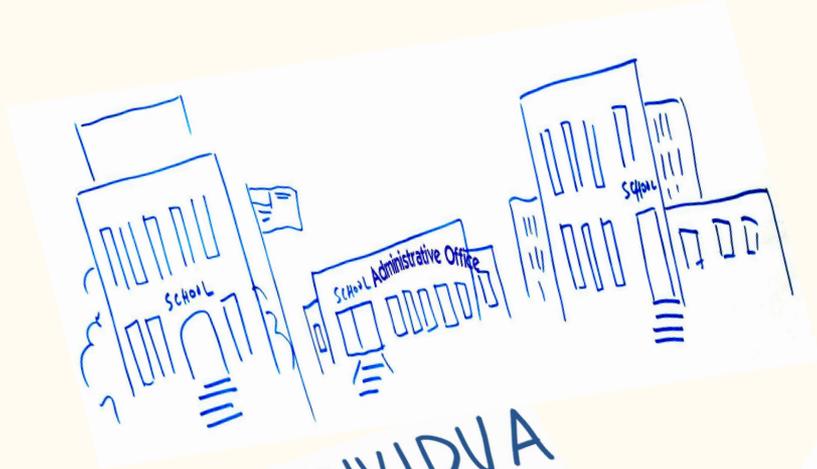
In the second image, individuals are given different supports to make it possible for them to have equal access to the game. They are being treated equitably.



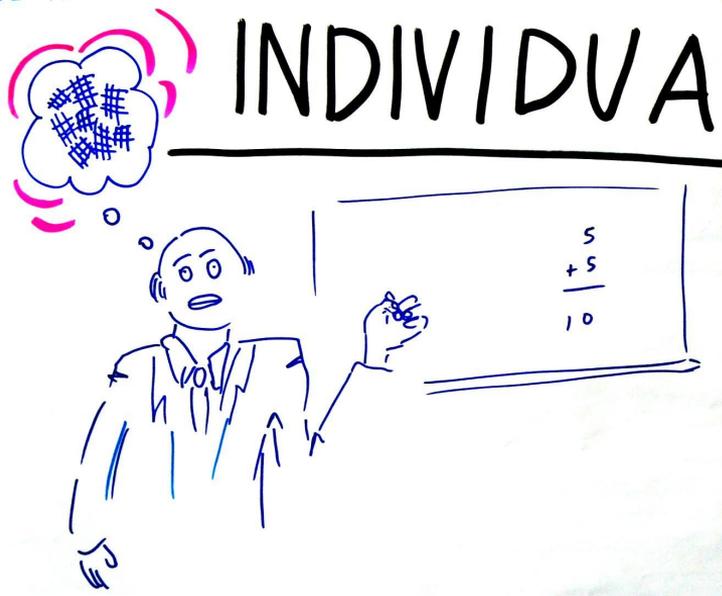
In the third image, all three can see the game without any supports or accommodations because the cause of the inequity was addressed. The systemic barrier has been removed.

By
addressing
roots
causes of
inequities!

Forms of Oppression



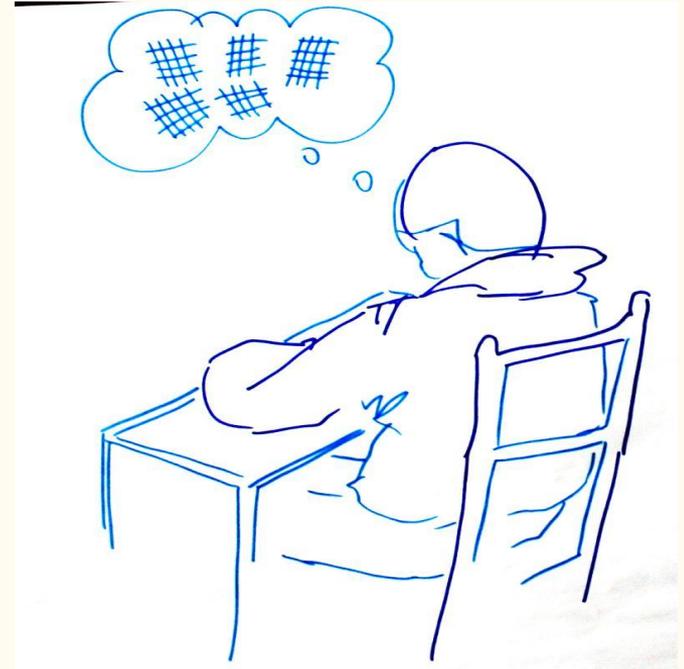
Individual Oppression



When a person has negative beliefs, attitudes and prejudices about historically marginalized group of people that resides inside the individual

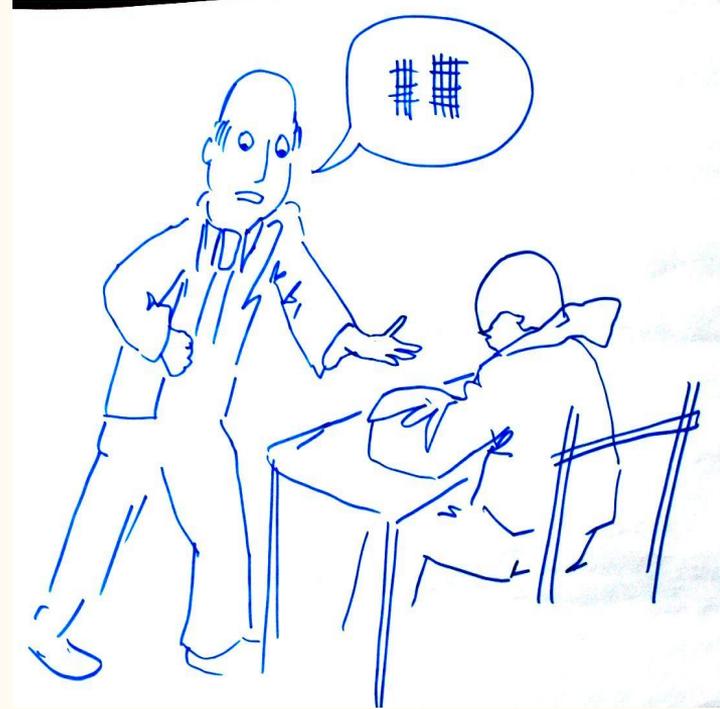
Internalized Oppression

When a person of a historically marginalized group accepts the definition and stereotypes of themselves that the white supremacy system has created

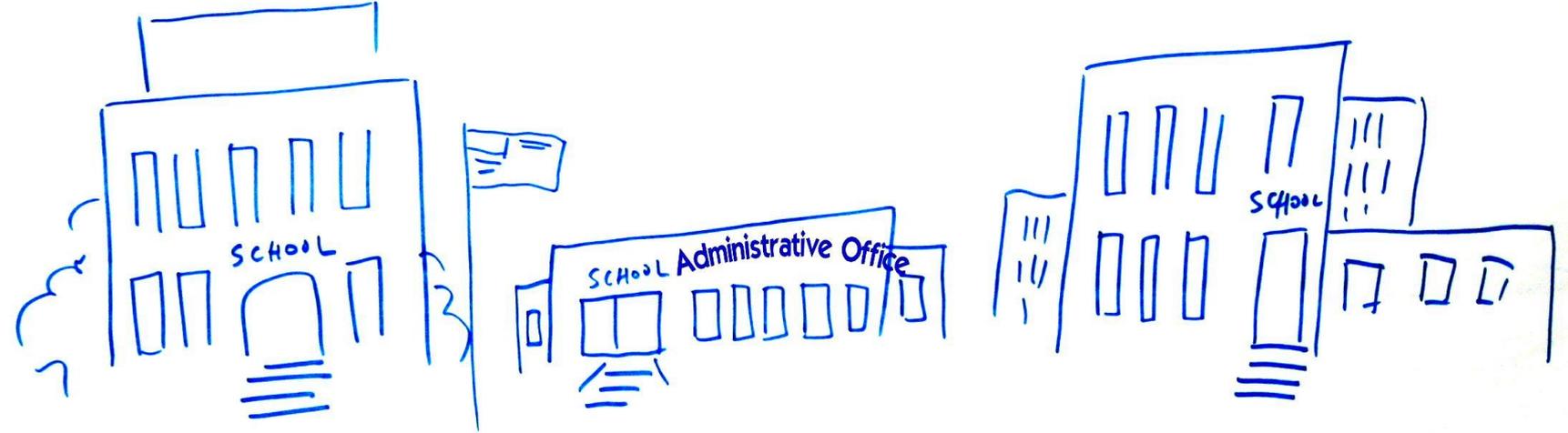


Interpersonal Oppression

Is the public expression of prejudice, hate, bias and bigotry between individuals of dominant power and those who are a part of historically marginalized groups of people.

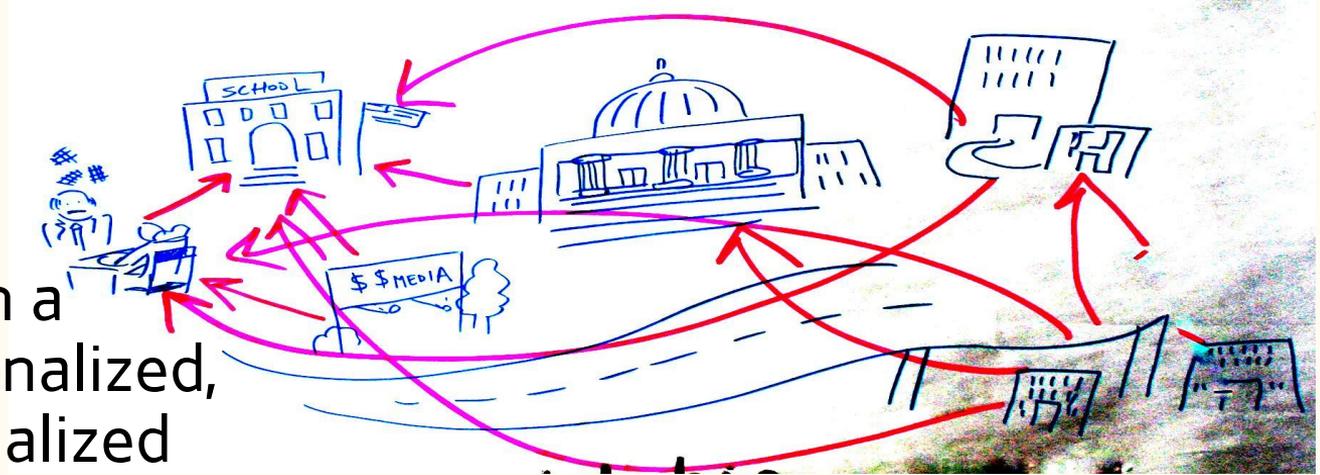


Institutionalized Oppression



Through unfair, unjust, and inequitable procedures, policies or laws embedded in public and private organizations and institutions

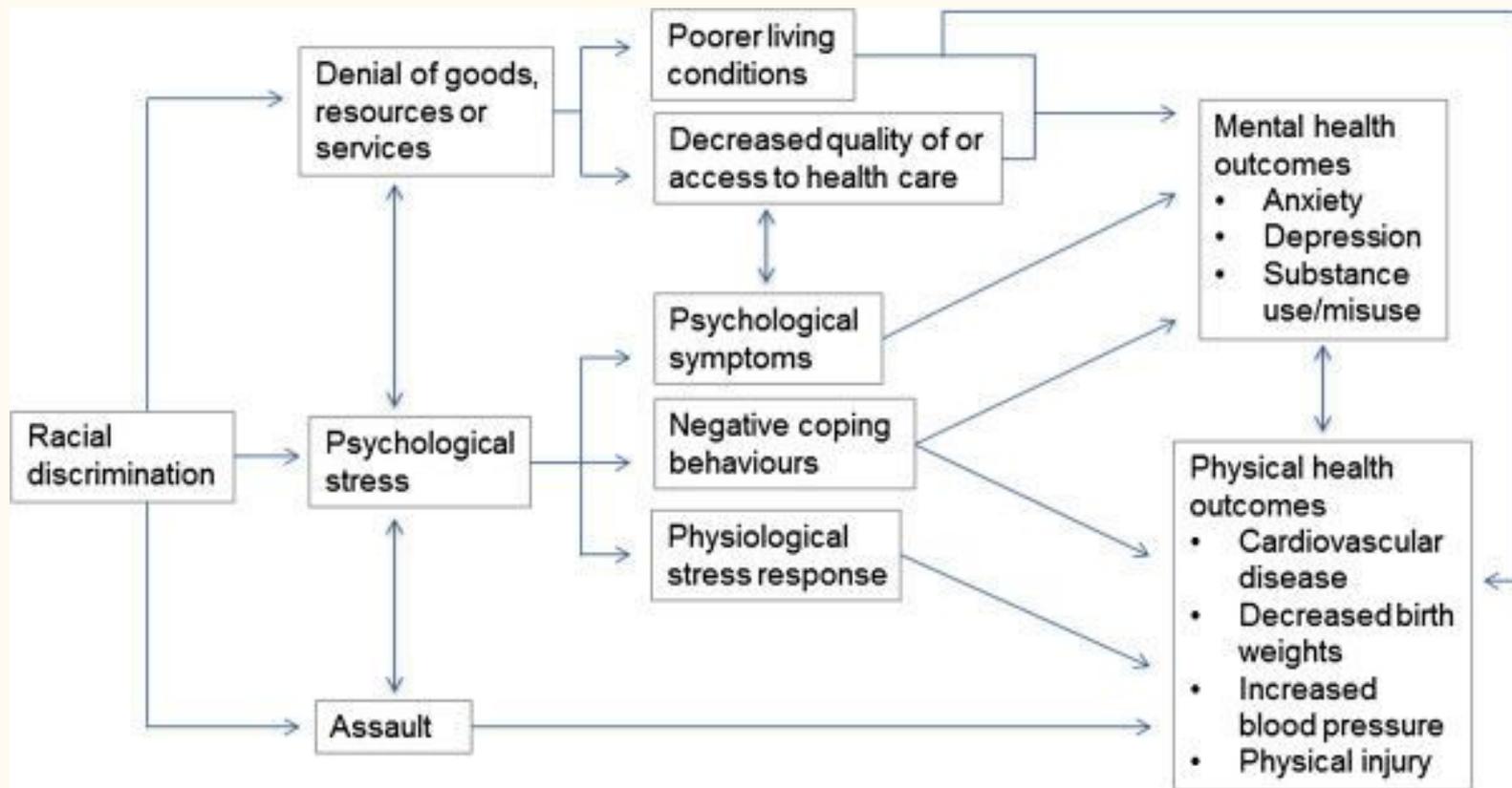
Systemic Oppression



Maintained through a legacy of institutionalized, imposed and internalized oppression and violence rooted in colonialism

In the U.S. this involves a complex array of dynamics that routinely give whites advantage while producing adverse outcomes for people of color

**LET'S TALK ABOUT
RACISM**



But, how...?

Racism can occur at multiple levels, including: **internalized** (the incorporation of racist attitudes, beliefs or ideologies into one's worldview), **interpersonal** (interactions between individuals) and **systemic** (for example, the racist control of and access to labor, material and symbolic resources within a society).

Systemic Racism

- Examples
 - Housing, education, employment, income
 - Medical facilities
 - Clean environment
 - Information, resources, voice

Interpersonal Racism

- Examples
 - Police brutality
 - Physician disrespect
 - Shopkeeper vigilance
 - Waiter indifference
 - Teacher devaluation

Internalized Racism

- Examples
 - Self-devaluation
 - White man's ice is colder
 - Resignation, helplessness, hopelessness

Why Does This Matter?

When the conversation of health disparities focuses only on the impact of class and financial status, it overlooks the fact that higher income people of color still experience worse / worsening health than their white counterparts. It overlooks the impact of different, overlapping systems of oppression. It overlooks the fact that race still matters because racism still exists.





SOCIAL DETERMINANTS OF HEALTH

- environment
- access
- gender
- control of resources
- culture
- Jobs
- racism
- Colonization
- languages
- Justice
- self-determination
- School
- early childhood education
- housing
- family
- land
- Home
- away from home
- and much more



**WESTERN
STATES
CENTER**

Theory of Change

**Changing
Hearts &
Minds**

Cultural
*Norms, beliefs,
narratives, myths*

Individual
*Knowledge, attitudes,
skills, actions*

**Leadership
from most
impacted
communities**

**Solidarity
Across
Movements**

Structural
*Networks across
institutions, reinforcement
at personal, cultural and
institutional levels*

Institutional
*Policies, procedures,
laws, practices*

**Changing
Policy**

Policy



HB 3391 Reproductive Health Equity Act

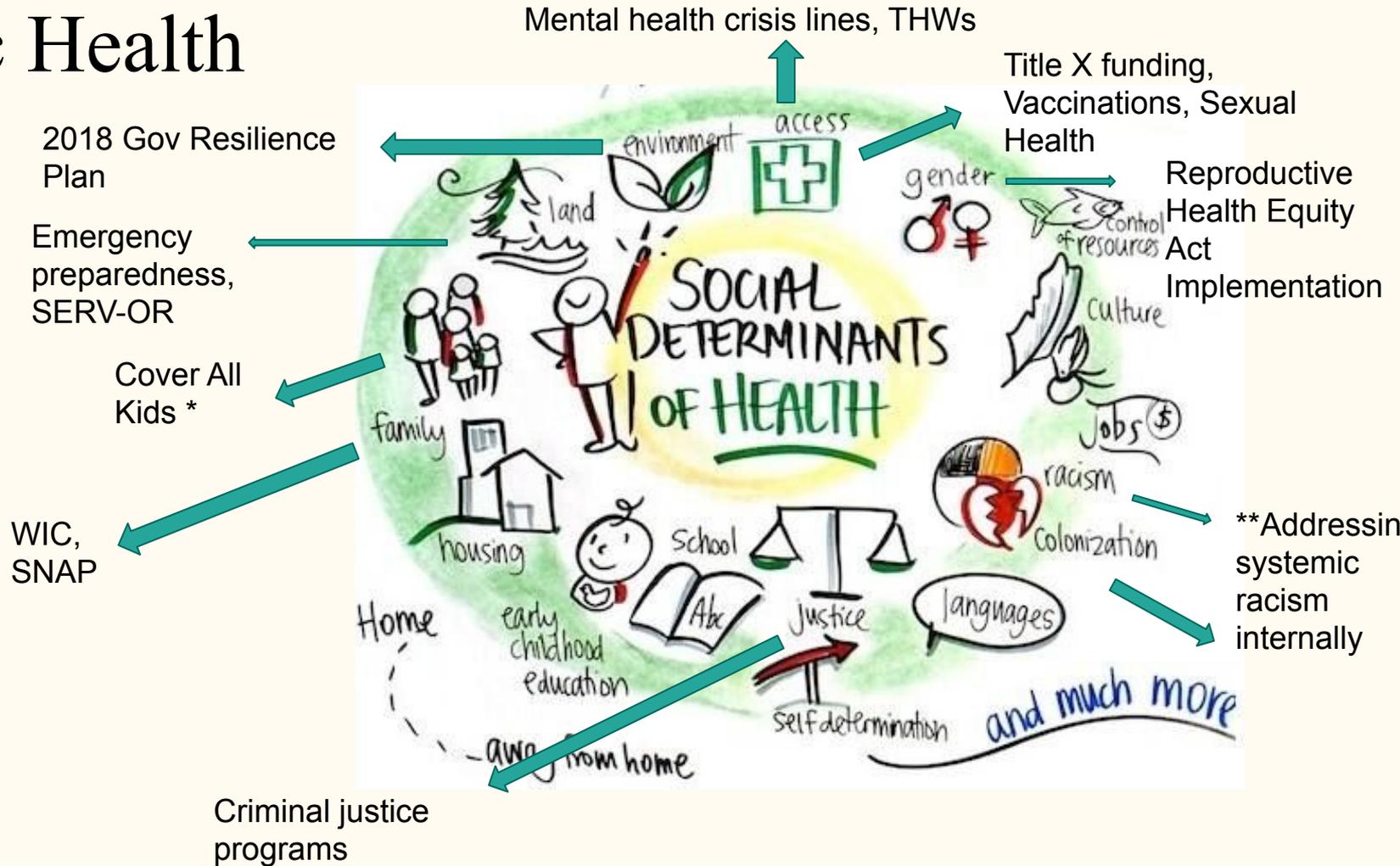
Paid Family Medical Leave

SB 13 #OurTribalHistory
SB 2845 Ethnic Studies

Stable Homes for Oregon Families
*HB 2215 Right to Rest Act

HB 2355 End Profiling

Public Health



Organizing and Activism



Thanks!

Send questions to Marilou Carrera at marilou@oregonhealthequity.org